

























 James Allen - Light on life's difficulties [ AUDIOBOOK] 

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 James Allen - Light on life's difficulties

 Type: eDucational book

 Style:  Religion & Spirituality  Philosophy  Psychology  Self-Help

 Read by Andrea Fiore

 Not Translated

 "Light on Life's Difficulties" by James Allen is a self-improvement book that explores how to overcome life's challenges through positive thinking, mental discipline, and self-mastery. Allen emphasizes that difficulties are opportunities for growth and that our attitude toward challenges determines our success and happiness. He highlights the importance of personal responsibility, inner wisdom, and living in harmony with universal laws. Through deep and inspiring reflections,

the author encourages readers to cultivate resilience, self-control, and a higher understanding of life's purpose.

When a man enters a dark room he is not sure of his movements, he cannot see objects around him, or properly locate them, and is liable to hurt himself by coming into sudden contact with them. But let a light be introduced, and immediately all confusion disappears. Every object is seen, and there is no danger of being hurt. To the majority, life is such a dark room, and their frequent hurts their disappointments, perplexities, sorrows and pains are caused by sudden contact with principles which they do not see, and are therefore not prepared to deal with. But when the light of wisdom is introduced into the darkened understanding, confusion vanishes, difficulties are dissolved, all things are seen in their true place and proportion, and henceforth the man walks open-eyed and unhurt, in the clear light of wise comprehension. - Summary by James Allen

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